



True Friends

Blog #21

As a business leader, corporate director, mom, wife, sister, daughter, friend, etc., we still have to remember that we are still human. And surrounding yourself with a few friends who still like you when the titles go away is priceless.

This is what I refer to as the grounding relationships. These sister friends laugh with you, cry with you, shop with you and are there when you just need to chat about just being you. And vice versa.

They are the reminder that work/life balance is important and expected.

“A true friend is someone who look you in the eyes and says... “When was the last time you took a rear view look in the mirror?” and you were able to laugh about it and say... yesterday.”